



## The Lincoln School

# Lincletter

Wednesday

November 4, 2009

### CO-PRESIDENTS' NOTE

We have celebrated another Halloween and survived another time change! The weather was 'movie perfect' complete with rustling leaves and moonlight. This coming weekend provides us with another opportunity to enjoy the fall weather together at the annual Lincoln School clean-up. Many hands make the work go quickly, and we look forward to seeing you this Saturday morning! WCSC (formerly WSAC) is seeking volunteers for another Techno Night this Thursday, November 5th. If you are Technology Savvy and available to help, please let us know. Our best,  
Linda McDonough and Bridget Stump

### CALENDAR

**November 7, Sat. Fall Clean Up Day**  
**9:00am-noon**  
**November 12, Thurs. LSPA meeting**  
**8:30am**  
**November 16-20, Mon.-Fri. Book Fair**  
**November 17&18, Tues. & Wed.**  
**Ice Cream Social**

### SOCIAL COMMITTEE THANKYOU

The teachers were treated to a wonderful lunch on the first day of conferences and we would like to extend a big Thank You to all the volunteers who helped to make salads, bake desserts, bring drinks, chips and pretzels, and set up and clean up for the event. A special thanks goes out to the following committee members: Cindy Andrews, Kate Carpin, Emma Egan, Lisa Green, Kate Huttemann, Kathy Kendall, Kevin Moorehead, Marie Nardone, Phyllis Preston, and Annie Westlund. Thank You for all your help!  
--Kerry Campbell and Jenny Rappole,  
Social Committee Co-Chairs

### IMPORTANT HEALTH UPDATE

Information to assist in preventing the spread of H1N1 virus in school and home: Due to the slight increase in absenteeism and Flu-like symptoms in the Winchester

Schools, I am reiterating some basic tools you should be practicing at home and school.

1. Frequent hand washing, hot water and soap, especially around meals, and after sneezing, or coughing.
2. Place hand sanitizers to facilitate regular hand hygiene. Use the "PUMP IN – PUMP OUT" theory.
3. Demonstrate cough and sneeze etiquette. "Do it in your sleeve"
4. Clean surfaces and items that are more likely to have frequent hand contact (high-touch surfaces) with your normal cleaning agents according to your routine schedule. It is best to use a product that contains 60% alcohol base.

\*\* Once respiratory secretions containing the virus dry out, the virus is no longer effectively infectious. There is no need for special disinfection or decontamination efforts, and the main focus should be on hand washing and cough and respiratory etiquette. It is an airborne/ droplet virus. \*\*

The custodial staff is working diligently to clean all high-touch surfaces on a daily basis. They are wiping down doorknobs, water fountains, hand railings, bathroom doors, sinks and faucets. Teachers are wiping down the desks at dismissal. Good job to all in keeping our Lincoln kids healthy. If you would like to learn more about preventing the spread H1N1, the DPH website [www.mass.gov/dph/swineflu](http://www.mass.gov/dph/swineflu) is very informative.

--Lynn Vozzella, R.N., School Nurse

### WARM CLOTHING DRIVE

For the past 18 years, Lincoln School has had a warm clothing drive for the East Somerville Community School in Somerville, Mass. I would like to continue this tradition. There are about 700 students enrolled in grades k-5. Many of the students come from warmer climates and do not have adequate clothing for our Northeast winters. Starting from Oct 27<sup>th</sup> until Nov 20<sup>th</sup> there will be a table set up in the corridor on the way to the art room for clothing collection. CLEAN, winter

jackets, sweatshirts, sweatpants, long pants, sweaters, gloves, coats, scarves, and winter boots would be greatly appreciated. The target age group is K-5. Infant, adult and "snow pants" are not needed. The spokeswomen stated there is a bigger need this year than in the past.

I want to thank Donna Toelke and the 5<sup>th</sup> graders in advance for volunteering to help sort and bag the items. Thank you for your generosity and participation.

--Lynn Vozzella R.N., School Nurse

### LINCOLN FALL CLEAN UP DAY

Saturday November 7<sup>th</sup> from 9am to Noon: Volunteers needed to clean up the school grounds before the winter weather is upon us. Parents and kids come all morning or for whatever time you can spare. Bring your yard tools – rakes, hedge clippers, wheelbarrows, shovels. We also have a special need for a pick-up truck to make trips to the transfer station. We'll provide the coffee and snacks. Please email Andrew Shepard [andrew.shepard@hovo.com](mailto:andrew.shepard@hovo.com) and Joe Bartlett [bartlettwsjk@gmail.com](mailto:bartlettwsjk@gmail.com) if you will be able to join the work crew.

### LSPA DIRECT APPEAL

We need your help! We still have a long way to go to reach our goal of \$28,000 to support the 2009/2010 budget. Any amount helps and *every* amount is appreciated! As you may know, the Direct Appeal is the LSPA's *only* fundraising campaign. Some of the many programs funded by the LSPA include: The Library, Science Mania, Welcome Back Dinner, Field Day, Open Circle Training for Teachers, grade specific field trips, speakers, and activities. The Direct Appeal fundraising efforts are overseen by the Ways and Means Committee. Thank you in advance for your support.

Stephanie Morrison Donna Salvatore  
781-729-9661 781-369-1678

[swmorrison@verizon.net](mailto:swmorrison@verizon.net)

[donnasalvatore@comcast.net](mailto:donnasalvatore@comcast.net)

### To Contribute:

You may either leave a check made payable

to the **Lincoln School Parents Association (LSPA)** with the contribution form in the box labeled "Direct Appeal" on the table across from the library on the 1<sup>st</sup> floor of the school **or** you may contribute on-line with your credit card at [www.lincolnspace.org](http://www.lincolnspace.org) by clicking on the Direct Appeal link. The LSPA is a tax-exempt organization under Section 501(c)(3) of the Internal Revenue Code and contributions are tax deductible. We will forward receipts for tax purposes in January. Many employers provide fund matching contributions to tax-exempt organizations. If applicable, please obtain the forms from your employer's human resource department.

## COMMUNITY NEWS

### FLU CLINIC

The Winchester Board of Health is offering a SEASONAL (NOT H1N1) Flu MIST clinic to the public. It will be on Thursday, November 12, 2009, from 4pm-7pm at the Winchester Town Hall. Ages 2-49, healthy, non-pregnant individuals are eligible.

### WINCHESTER COOPERATIVE THEATER PRESENTS: MY FAIR LADY

Come see this gloriously witty adaptation of the Broadway musical about Professor Henry Higgins, who takes a bet from Colonel Pickering that he can transform unrefined, crass Cockney flower girl Eliza Doolittle into a lady. The WCT production features the unforgettable songs written by Loewe and Lerner and delightful, original choreography of 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade students.

Friday, Nov 20<sup>th</sup>, 7:30 p.m.

Saturday, Nov 21<sup>st</sup>, 7:30 p.m.

Sunday, Nov 22<sup>nd</sup>, 1:00 p.m. and 4pm

Call 781-721-PLAY for tickets (\$15 each)

Recommended for ages 3 and up

McCall Middle School

458 Main Street, Winchester, MA 01890

Wheelchair accessible

### "HERO OF THE HIGH SEAS"

The WHS Class of 2010 proudly presents Captain Richard Phillips to come and speak on November 17, 2009, at the McCall Middle School Auditorium from 7:00-9:00 PM. Tickets are \$20.00 and can be purchased at Book Ends or at the Main Office at Winchester High School. Reserve your tickets by emailing [WHSclassof2010info@gmail.com](mailto:WHSclassof2010info@gmail.com). The proceeds from this event will benefit the Winchester Hospital Cancer Care Center and the WHS Class of 2010. As always, your support is so greatly appreciated.

Captain Phillips graduated from Winchester High School in 1973 and the Massachusetts Maritime Academy in 1979. He was Captain of the Maersk Alabama when Somali pirates hijacked his ship and held him hostage for 5 days in April, 2009. Please come and hear Captain Phillips' compelling story from the high seas. It is sure to be an incredible WOW!!

### 3<sup>rd</sup> GRADE BASKETBALL PROGRAM

The Winchester Basketball Association's in-town basketball clinic program runs each Saturday for 13 weeks from December 5th, 2009, through February 27th, 2010. This year, programs will be held on Saturday mornings, with the girls program to be held at Lincoln School and multiple boys sessions to be held at Lynch Elementary School. Sessions are once per week on Saturday for 75-90 minutes.

The purpose of the in-town clinic is for children of all abilities to have fun, learn to love basketball and improve their individual and team skills. The clinic content varies but includes fundamental skills like dribbling, shooting, footwork, defense and passing, as well as 3v3 and 5v5 games. No previous basketball experience is required. This year Paul Connolly will be the girls' coordinator, and Mark Romagna will organize the boys' program. We hope to see everyone there! We always need parents to help out, so please introduce yourself to the coordinators. Registration is \$115. There are discounts available when registering more than one player from the same family.

Registration for the 2009-10 Winchester Basketball Association program is now open at [www.winchesterbasketball.org](http://www.winchesterbasketball.org). If there are further questions, please call Mark at 781-771-4968.

### LANGUAGE BASED LEARNING DISABILITIES GROUP

As two members of the Winchester Special Education Parents Advisory Council (PAC), we are forming a sub-group of PAC for parents of children, all ages, who have a Language-Based Learning Disability (LBLD) like dyslexia. Our first meeting will be on Wednesday, November 4<sup>th</sup>, at 7:30 in the McCall Middle School Library. If you are interested in learning more or being a part of this group, please join us on November 4<sup>th</sup>. For more information or to add your name to our e-mail list, please contact either Kim Lazarus at [kimberly.lazarus@verizon.net](mailto:kimberly.lazarus@verizon.net) or Amy Kraft at [akpk1282@verizon.net](mailto:akpk1282@verizon.net).

### PARENT TO PARENT PRESENTS...

Join us on Thursday, November 5, 2009, for our second group book discussion on Staying Connected to your Teenager: How to Keep Them Talking to You and How to Hear What They're Really Saying by Michael Riera Ph.D. (Parenting expert on CBS' "The Early Show") at the Winchester Public Library Meeting Room from 7pm – 9pm. Described as the parenting bible for the teenage years, this book of sage advice will help frustrated parents reconnect with their teenager and keep that connection even in today's hectic world. Family psychologist Mike Riera provides strategies on how to become a "consultant" rather than a "manager" in a teen's life, how to deal with a teen's uniquely exasperating sleep rhythms, and how to have real conversations with your teen. Books will be on sale at BookEnds and available at the circulation desk. It is not necessary to have read the book to participate.

### LINCLETTER SCHEDULE

The Linletter is published weekly on Wednesdays with a deadline to submit news the prior Friday.

Deadline      Publish date      Typist

11/6              11/10              Alessandra Negrini  
[alessandra.negrini@gmail.com](mailto:alessandra.negrini@gmail.com)

11/13            11/18            Annie Westlund  
[awestlun@hotmail.com](mailto:awestlun@hotmail.com)